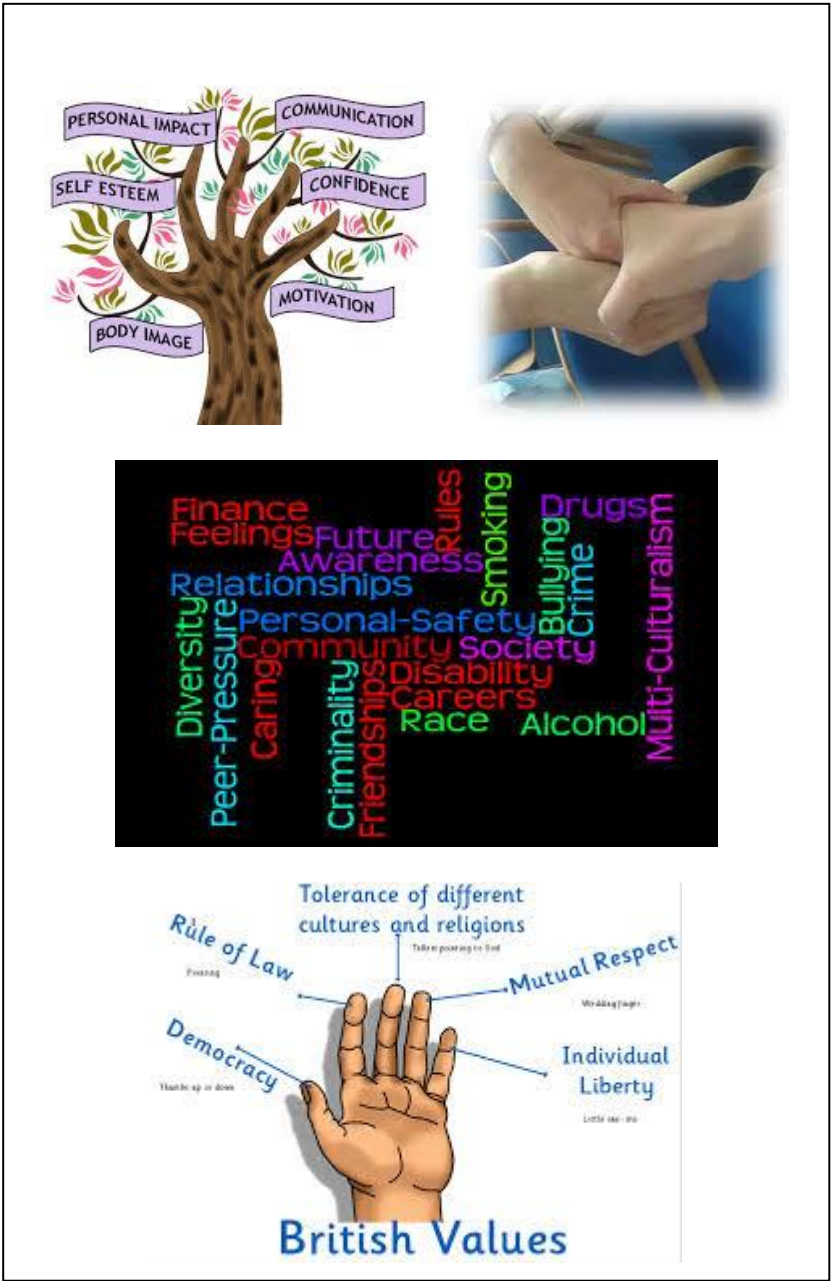


# PSHE

Al Risalah

## 2016-2017



PSHE Overviews KS3 & KS4 - Updated September 2016

**Al Risalah School**  
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# Year 7 PSHE

Updated September 2016

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| <b><u>Number of Lessons per two weeks:</u></b><br><br>1  | <b><u>Homework</u></b><br><br>Up to 1 hour per fortnight. |
| <b><u>Assessment</u></b><br><br>Project based /Roleplays.  | <b><u>Trips</u></b><br><br>To be confirmed.               |
| <b><u>Course Outline</u></b><br><br>PSHE offers opportunities for pupils to: <ul style="list-style-type: none"><li>• group or class brainstorm</li><li>• draw-and-write activities</li><li>• respond to and interpret an incident or story</li><li>• using photographs and pictures to stimulate discussion – either brought in by pupils or provided by teachers (photo packs, newspapers and magazines may help)</li><li>• pupil-to-pupil interviews</li><li>• a 'round', where each pupil in turn can contribute something they know about a topic.</li></ul>   |   |
| <b><u>Course Components:</u></b> <ul style="list-style-type: none"><li>• <b>FEELINGS:</b> Your anxieties and worries of being in secondary school and how to overcome such feelings.</li><li>• <b>RESPONSIBILITIES:</b> Various religious beliefs, festivals and customs are examined.</li><li>• <b>VALUES:</b> The role your conscience plays in being able to behave in a 'right' or 'wrong' manner.</li><li>• <b>FAMILY:</b> Establishing a better relationship with parents. Improving your relationship with your siblings.</li><li>• <b>OTHER PEOPLE:</b> What is bullying? What does it feel like to be bullied? How to overcome being bullied.</li></ul> |   |
| <b><u>How You Can Help</u></b> <ul style="list-style-type: none"><li>• Supporting your child by encouraging them to be creative and imaginative with project based assessments.</li><li>• Encouraging your child to develop their confidence by allowing him/her to participate in a variety of activities, such as roleplays, debates, interviews and discussions.</li><li>• Establishing an 'open' parent-child relationship to allow the child to raise any concerns.</li></ul>   |   |
| <b><u>Teacher</u></b><br><br>Contact: Si <b>Lucy</b>   |   |

# Year 8 PSHE

Updated September 2016

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| <b><u>Number of Lessons per two weeks:</u></b><br><br>1  | <b><u>Homework</u></b><br><br>Up to 1 hour per fortnight. |
| <b><u>Assessment</u></b><br><br>Project based /Roleplays.  | <b><u>Trips</u></b><br><br>To be confirmed.               |
| <b><u>Course Outline</u></b><br><br>PSHE offers opportunities for pupils to: <ul style="list-style-type: none"><li>• group or class brainstorm</li><li>• draw-and-write activities</li><li>• respond to and interpret an incident or story</li><li>• using photographs and pictures to stimulate discussion – either brought in by pupils or provided by teachers (photo packs, newspapers and magazines may help)</li><li>• pupil-to-pupil interviews</li><li>• a 'round', where each pupil in turn can contribute something they know about a topic.</li></ul>   |   |
| <b><u>Course Components:</u></b> <ul style="list-style-type: none"><li>• <b>FEELINGS:</b> What is self-esteem? How to develop one's self-confidence? How to cope with shyness ?</li><li>• <b>BODY:</b> The facts and fictions about drugs. The effects of drug taking. The role of the law with regards to drugs.</li><li>• <b>RESPONSIBILITIES:</b> Exploring diversity in Britain. What is ethnic stereotyping?</li><li>• <b>VALUES:</b> What influences you how to behave? How do heroes and idols influence the way you behave? Explore topics that are 'cause for concern' and which are relevant today, eg. knife crime.</li><li>• <b>FAMILY:</b> Dealing with divorce and coping with the change with living in a single or step-family.</li><li>• <b>OTHER PEOPLE:</b> What is Ageism? To explore the problems that the older generation face. What role can we play in assisting the elderly?</li></ul> |   |
| <b><u>How You Can Help</u></b> <ul style="list-style-type: none"><li>• Supporting your child by encouraging them to be creative and imaginative with project based assessments.</li><li>• Encouraging your child to develop their confidence by allowing him/her to participate in a variety of activities, such as roleplays, debates, interviews and discussions.</li><li>• Establishing an 'open' parent-child relationship to allow the child to raise any concerns.</li></ul>   |   |
| <b><u>Teacher</u></b><br><br>Contact: Si <b>Lucy</b>   |   |

# Year 9 PSHE

Updated September 2016

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| <b><u>Number of Lessons per two weeks:</u></b><br><br>1  | <b><u>Homework</u></b><br><br>Up to 1 hour per fortnight. |
| <b><u>Assessment</u></b><br><br>Project based /Roleplays.  | <b><u>Trips</u></b><br><br>To be confirmed.               |
| <b><u>Course Outline</u></b><br><br>PSHE offers opportunities for pupils to: <ul style="list-style-type: none"><li>• group or class brainstorm</li><li>• draw-and-write activities</li><li>• respond to and interpret an incident or story</li><li>• using photographs and pictures to stimulate discussion – either brought in by pupils or provided by teachers (photo packs, newspapers and magazines may help)</li><li>• pupil-to-pupil interviews</li><li>• a 'round', where each pupil in turn can contribute something they know about a topic.</li></ul>   |   |
| <b><u>Course Components:</u></b> <ul style="list-style-type: none"><li>• <b>RESPONSIBILITIES:</b> The difference between 'racism', 'discrimination' and 'prejudice'.</li><li>• <b>DECISIONS:</b> How to make decisions? Who influences you to make a decision?</li><li>• <b>FAMILY:</b> To establish a good relationship with your parents, by dealing with your differences.</li><li>• <b>VALUES:</b> What are human rights? Freedom of thought and expression.</li><li>• <b>THE LAW:</b> Reasons why people shoplift. The consequences of shoplifting. The aims of 'punishment' and the types of punishment given.</li></ul> |   |
| <b><u>How You Can Help</u></b> <ul style="list-style-type: none"><li>• Supporting your child by encouraging them to be creative and imaginative with project based assessments.</li><li>• Encouraging your child to develop their confidence by allowing him/her to participate in a variety of activities, such as roleplays, debates, interviews and discussions.</li><li>• Establishing an 'open' parent-child relationship to allow the child to raise any concerns.</li></ul>   |   |
| <b><u>Teacher</u></b><br><br>Contact: Si <b>Lucy</b>   |   |

# Year 10 PSHE

Updated September 2016

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| <b><u>Number of Lessons per two weeks:</u></b><br><br>1   | <b><u>Homework</u></b><br><br>Up to 1 hour per fortnight. |
| <b><u>Assessment</u></b><br><br>Project based /Roleplays.   | <b><u>Trips</u></b><br><br>To be confirmed.               |
| <b><u>Course Outline</u></b><br><br>PSHE offers opportunities for pupils to: <ul style="list-style-type: none"><li>• group or class brainstorm</li><li>• draw-and-write activities</li><li>• respond to and interpret an incident or story</li><li>• using photographs and pictures to stimulate discussion – either brought in by pupils or provided by teachers (photo packs, newspapers and magazines may help)</li><li>• pupil-to-pupil interviews</li><li>• a 'round', where each pupil in turn can contribute something they know about a topic.</li></ul> <b><u>Course Components:</u></b> <ul style="list-style-type: none"><li>• <b>RESPONSIBILITIES:</b> The difference between 'racism', 'discrimination' and 'prejudice'.</li><li>• <b>DECISIONS:</b> Students at KS4 level will develop their decision making skills which will help them make decisions for key events in their lives. Students will be given guidance the opportunity to create personal statements and CVs which they will use for Sixth Form applications.</li><li>• <b>VALUES:</b> What are human rights? Freedom of thought and expression. Examples of human rights activists. Women's rights.</li><li>• <b>YOU AND THE LAW:</b> Understand why we have laws in place and understand why some people may choose to break the law. Look at criminal and deviant behaviour and look at the differences.</li></ul> |   |
| <b><u>How You Can Help</u></b> <ul style="list-style-type: none"><li>• Supporting your child by encouraging them to be creative and imaginative with project based assessments.</li><li>• Encouraging your child to develop their confidence by allowing him/her to participate in a variety of activities, such as roleplays, debates, interviews and discussions.</li><li>• Establishing an 'open' parent-child relationship to allow the child to raise any concerns.</li></ul>  |   |
| <b><u>Teacher</u></b><br><br>Contact: Si <b>Lucy</b>  |   |

# Year 11 PSHE

Updated September 2016

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| <b><u>Number of Lessons per two weeks:</u></b><br>1  | <b><u>Homework</u></b><br>Up to 1 hour per fortnight. |
| <b><u>Assessment</u></b><br>Project based /Roleplays.  | <b><u>Trips</u></b><br>To be confirmed.               |
| <b><u>Course Outline</u></b><br><br>PSHE offers opportunities for pupils to: <ul style="list-style-type: none"><li>• group or class brainstorm</li><li>• draw-and-write activities</li><li>• respond to and interpret an incident or story</li><li>• using photographs and pictures to stimulate discussion – either brought in by pupils or provided by teachers (photo packs, newspapers and magazines may help)</li><li>• pupil-to-pupil interviews</li><li>• a 'round', where each pupil in turn can contribute something they know about a topic.</li></ul><br><b><u>Course Components:</u></b> <ul style="list-style-type: none"><li>• <b>RESPONSIBILITIES:</b> The difference between 'racism', 'discrimination' and 'prejudice'.</li><li>• <b>DECISIONS:</b> Students at KS4 level will develop their decision making skills which will help them make decisions for key events in their lives. Students will be given guidance the opportunity to create personal statements and CVs which they will use for Sixth Form applications.</li><li>• <b>VALUES:</b> What are human rights? Freedom of thought and expression. Examples of human rights activists. Women's rights.</li><li>• <b>YOU AND THE LAW:</b> Understand why we have laws in place and understand why some people may choose to break the law. Look at criminal and deviant behaviour and look at the differences.</li></ul> |   |
| <b><u>How You Can Help</u></b> <ul style="list-style-type: none"><li>• Supporting your child by encouraging them to be creative and imaginative with project based assessments.</li><li>• Encouraging your child to develop their confidence by allowing him/her to participate in a variety of activities, such as roleplays, debates, interviews and discussions.</li><li>• Establishing an 'open' parent-child relationship to allow the child to raise any concerns.</li></ul>   |   |
| <b><u>Teacher</u></b><br><br>Contact: Si <b>Lucy</b>   |   |

